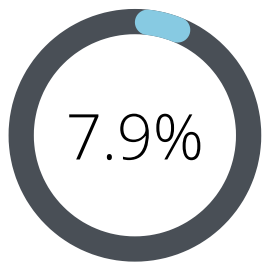
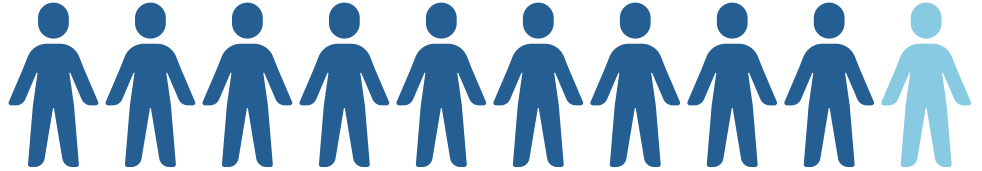


COLORECTAL CANCER FACT SHEET

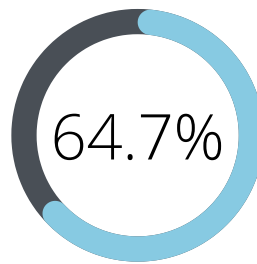
Colorectal cancer is a disease in which cancer cells form in the tissues of the colon or rectum. The colon and rectum is the last 5 feet of the digestive tract. Colorectal cancer often begins as a growth called a polyp inside the colon or rectum.

9 in 10

people are diagnosed after the age of 50.



Colorectal cancer is the most common type of cancer in the U.S. and represents 7.9% of all new cancer cases.



There is a 64.7% five-year relative survival rate, this excludes the risk of deaths from other causes.

In Hawai'i

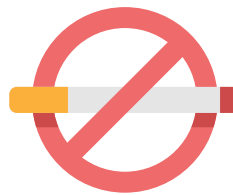
- 83% of colorectal cancers are diagnosed at age 55 years and older.
- Colon & rectum cancer incidence and mortality have steadily declined in males and females statewide over the past 30 years.
- Cancers of the colon & rectum are the 3rd most frequently diagnosed cancer in Hawai'i.



Having a parent, sibling or child with colorectal cancer doubles a person's risk.



Limit alcohol consumption.



Avoid cigarette smoking.



Maintain a healthy lifestyle that includes regular physical activity.

GET SCREENED!

If you are 50 years or older, get screened now. Screening tests for colorectal cancer help find cancer at an early stage and may decrease the number of deaths. Check with your physician for the appropriate screening test for you. For more information about screening, visit:

<http://ow.ly/enhN50EmRLH>

